



*Hospice Renovation Update:*

**Artist Donates Quilt in Memory of Her Mother**

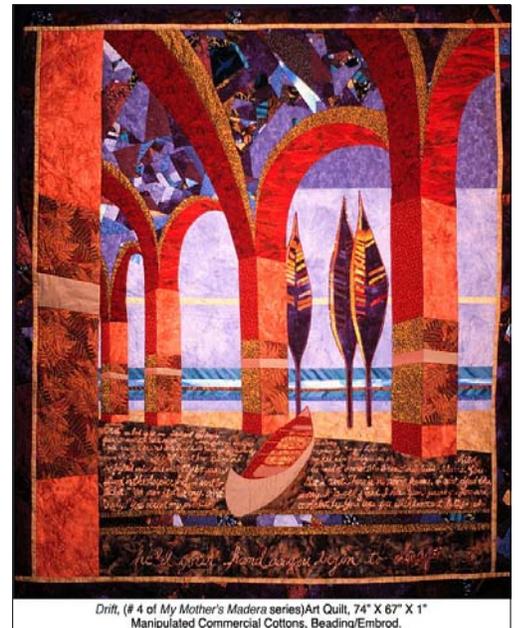
Carondelet Hospice and Palliative Care’s Inpatient Unit near St. Mary’s Hospital is undergoing a major renovation that will be completed later this year. This important and necessary renovation has been made possible through charitable gifts from many donors over the years in support of our mission of providing compassionate end-of-life care for residents of Tucson, Green Valley and Santa Cruz County.

The Hospice Inpatient Unit renovation will create eleven private patient rooms in a comfortable home-like setting. Additional areas for families and staff to gather and reflect will be incorporated into the design. These will include a chapel, a family room and a counseling room. Patient rooms will be equipped with specially designed beds for the comfort and safety of our patients, and will have studio beds for the comfort of loved ones. To accommodate family gatherings and vigils, the family room will be refurnished and will include children’s furniture and additional seating. The patio will be extended and enhanced to provide a quiet and peaceful place for reflection.

In addition to the many features that will be added, ensuring that the Hospice Inpatient Unit is a place of beauty and serenity is also a priority. As if in answer to a prayer, Annie Helmericks-Louder, an art textile artist, recently contacted Carondelet Hospice’s executive director, Bonnie Knobloch, to express her wish to present a very special work of art, the beautiful quilt, Drift, to our Hospice. According to Helmericks-Louder, Drift is the last in a series of works entitled, My Mother’s Madera, made to commemorate and celebrate the life of the artist’s mother, writer "Connie" Constance Helmericks. Connie spent her life traveling and writing about the wilderness but Tucson was her home. When Connie was diagnosed with terminal breast cancer over 20 years ago, it was Carondelet Hospice that provided compassionate and comforting care and services to Connie and her family.

According to Helmerick-Louder, it is an especially rewarding experience for her "... to donate Drift to the hospice that served my mother so well in the last days of life. I have never forgotten the kindness ... when my family had such need. It is fitting that this quilt should find its home there."

The work, which will be presented to Carondelet Hospice this Fall by Connie's granddaughter, Faith Boice, will be in place for the reopening of the renovated Inpatient Unit later this year. Carondelet Hospice is very grateful to the artist for the gift of this beautiful and valuable work of art. Director Bonnie Knobloch says that we are all looking forward to "... the quilt adding to the serene and beautiful environment we are envisioning."



*Drift, (# 4 of My Mother's Madera series) Art Quilt, 74" X 67" X 1"  
 Manipulated Commercial Cottons, Beading/Embroid.*

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Hospice Inquires Admissions and Patient Support (520) 205-7700	Donations Carondelet Foundation (520) 873-5000	Events (520) 205-7557	In-Patient Unit (520) 205-7700
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## Letter From Our Executive Director

Hello, Friends~

As the days shorten and the evenings cool down I am so grateful to be living in the beautiful state of Arizona... Welcome back to those of you fled to the East during the summer. You were missed.



Bonnie Lindstrom-Knobloch

During the last several months there has been great progress towards our goal of a newly remodeled inpatient unit. The unit, staff and patients have been relocated to 4 North at St. Mary's Hospital. We are anticipating moving back in early December. Watch for more information.

At Carondelet Hospice and Palliative care we make the patient experience our priority. Over the last year we have instituted an enhanced data collection program for family satisfaction. We are very proud of the results we have received. In all of the key areas our scores surpass national averages. These include: our response to needs on evenings and weekends; the overall care the patient receives; and caring for our patient's personal needs. This is concrete evidence that our staff and volunteers make caring for patients and families our highest priority.

As our busy holiday season approaches please remember our greatest gifts are good health, family and friends.

Warm Regards,  
Bonnie

## FAMILY CORNER

### Annual Tree of Memories



Year after year, Carondelet Hospice & Palliative Care celebrates the loved ones we have lost in a beautiful ceremony each December. Our evening begins with the creation of memorial stars with handwritten messages to loved ones, placed on our tree. We read the names aloud to honor those who have passed this year and year's before.

Together, we sing, we remember, and we congregate with one another to cherish the memories we have. If you would like to attend one of our Tree of Memories this December, please fill out the card on the back of this newsletter and mail it to

the Carondelet Foundation. We hold three Tree of Memories; Tucson, Green Valley, and Santa Cruz County. The times and dates are listed in this newsletter in "Mark Your Calendars". We look forward to seeing you there.

### **Diane & John Hoelter, Retire**

**Diane Hoelter** joined Carondelet Hospice and Palliative Care in 1994, serving enthusiastically as the scheduling clerk for the volunteer program until her planned retirement on October 31, 2008. Over the past fourteen years, she has routinely demonstrated tremendous and exceptional compassion for the many volunteers, patients, and patients' families who are involved with our hospice program. Her unfailingly positive, can-do attitude and warm personality naturally draw others to trust and confide in her, and she maintains an openness to learning about the lives, hopes and dreams of others. Her kindness extends genuinely to everyone without regard to their age, gender, background or beliefs, and she gives encouragement freely when she sees a person in need. For fourteen years, Diane has shown a high level of dedication to the hospice mission, to the volunteers, and to her coworkers, and has always contributed as a valued member of the hospice team. Carondelet Hospice will dearly miss Diane and her dedicated, loyal service to our volunteer program.

**John Hoelter** has been a chaplain with Carondelet Hospice since 1994. His work primarily has focused on homecare for patients and families, with time given on occasion to workshop presentations and training programs for hospice staff and volunteers. Prior to coming to Tucson, John was a chaplain for Eastern Maine Medical Center in Bangor, Maine. He graduated from Concordia Seminary, St. Louis, Missouri in 1967 and served 11 years in Lutheran parish ministry. John and his wife Diane, are members of Dove of Peace Lutheran Church in Tucson. John's patient, caring and warm approach to hospice will be missed immensely.

We warmly wish Diane and John well in their retirement future.

### **Staff Kudos- New Staff**

- Carol Frahm, RN- returning
- Bob Geissler, RN
- Sandra Hunt Walter, MSW
- Sally Manshardt, RN
- Danitza Murillo, CNA
- Don Simon, RN- returning
- Michelle Shepis, RN

### **Recipe of the Month- Pumpkin Fudge**

Ingredients:

- 2 cups sugar
- 1/2 cup evaporated milk
- 1/3 cup mashed pumpkin
- 1/2 tsp. vanilla
- 1/4 tsp. cornstarch
- 1/4 cup butter
- 1/4 tsp. pumpkin pie spice

Directions:

Cook together over medium heat sugar, milk, pumpkin, cornstarch, and spice until mixture forms a ball or reaches 235F on a candy thermometer. Add vanilla, butter, pecans. Beat until creamy. Pour into a buttered dish and cut when cooled.

## NEWS YOU CAN USE

### Mark Your Calendars!

#### Community Events:

- **Hospice & Palliative Care** - First Southern Baptist Church, Tuesday, October 7, 10:45am, Call Joy English, 623-5858, ext. 105.
- **Pain Management** - Presented by Dr. Karen Chandler, Carondelet Hospice Medical Director, Casa de Esperanza, La Posada Campus, Green Valley, Monday, October 13, 11:00am.
- **Life Care Planning for Everyone** - OASIS, Ward 6 Council Offices at 3202 E. 1st St., Wednesday, October 15, 10:00-11:30am, Call (520) 322-5627.
- **Life Care Planning Table**, Pima Community College Health and Safety Fair, 2202 W. Anklam Rd., Thursday, October 16, 12:00 - 5:00pm.
- **Life Care Planning & The Five Wishes**, Amber Lights Asst. Living, 6231 N. Montebella Road, Monday, October 20, 10:30-11:30am.
- **Life Care Planning for Everyone** - OASIS, Ward 6 Council Offices at 3202 E. 1st St., Wednesday, December 10, 10:00-11:30am, Call (520) 322-5627.

#### Memorial Services and Special Events - Unless otherwise noted, Call Tara at 205-7557

- **4<sup>th</sup> Annual Faith Seminar**, "Dignity Throughout Life's Journey". Thursday, November 6, 8:00am - 12:00pm, at St. Mary's Hospital Centurion Room.
- **Tucson Tree Lighting Memorial**, Doubletree Hotel Grand Ballroom on Alvernon, Wednesday, December 3, 6:00 - 8:00pm.
- **Green Valley Tree Lighting Memorial**, Green Valley Community Church, Wednesday, December 10, 2:00pm.
- **Nogales Holiday Memorial**, Holy Cross Hospital Chapel, Wednesday, December 10, 6:00pm. Call David Buss at 872-6532.

#### For Health Care Professionals

- **Grand Rounds at St. Joseph's Hospital: Hospice & Palliative Care**, presented by Dr. Karen Chandler, Carondelet Hospice Medical Director, Tuesday, October 14, 12:00-1:00pm.
- **Palliative Care Teaching Day**, Wednesday, October 29, 8:00am - 3:30pm, Registration 7:30am. CHN associates register through CHN online learning center CAROL. All others, call Deborah at 205-7575.
- **Grand Rounds at St. Mary's Hospital: Hospice & Palliative Care**, presented by Dr. Scott Bolhack, Carondelet Hospice Medical Director, Wednesday, November 5, 12:00-1:00pm.

#### When to Consider

#### Hospice Care

- The patient has sought treatment in an emergency room or been hospitalized for disease-related episode twice in the past year
- The physician is receiving an increased number of calls and requests from family caregivers
- Family members appear to be overburdened with or fatigued by care-giving
- After hospitalization, the patient cannot return home and is admitted to a nursing facility
- The patient has had a weight loss of 10% or more in the past six months
- The patient's appetite has been steadily declining, unrelated to any other medical condition

**To initiate a hospice consultation or for more information about Carondelet Hospice & Palliative Care, please call 205-7700.**

Hospice News<sup>®</sup> is published by Carondelet Hospice and Palliative Care

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Questions or comments, email [tnorris@carondelet.org](mailto:tnorris@carondelet.org)

 **CARONDELET**  
**HOSPICE AND**  
**PALLIATIVE CARE**

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**Lighting of the Holiday Tree of Memories RSVP**

**Yes, I will attend the Tree of Memories**  **Regretfully, I cannot attend.**

**Number of guests attending with me:** \_\_\_\_\_

You can place lights on the Tree of Memories in honor of your loved ones. We suggest a \$40.00 donation for each remembered or honored loved one. Your loved one's name will also be listed in the commemorative program and read aloud during the ceremony.

**Number of lights to be placed on the tree:** \_\_\_\_\_ **Total Gift \$** \_\_\_\_\_

**Please write the names that you would like listed in the program:**

In Memory of:	In Living Tribute to:
1. _____	1. _____
2. _____	2. _____

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

Enclosed is a check made payable to "Carondelet Foundation"  Please charge: \$ \_\_\_\_\_ Visa MC AmEx  
Card Number: \_\_\_\_\_ Exp. \_\_\_\_\_  
Name on Card: \_\_\_\_\_ Signature: \_\_\_\_\_



**Please mail to Carondelet Foundation, 120 N. Tucson Blvd., Tucson, As 85716**