

Dr. Jeffery Palen is the founding doctor of Aspen Ob/Gyn, PC and has been in private practice since 1994. Dr. Palen is board certified and a fellow of the American College of Obstetrician and Gynecologists. His special practice interests include complicated and routine pregnancies, laparoscopic surgery, and urogynecology, including the treatment of urinary incontinence and pelvic support problems.

Dr. Palen strives to offer personalized, state of the art medical care to women of all ages in a private office setting staffed with talented and compassionate employees. He strongly believes in the traditional practice model where patients see their own doctor and are not passed between physicians as in a clinic style of practice. Dr. Palen enjoys caring for women from early teens through the mature years. He especially enjoys seeing the children he helped deliver when they come in with their mothers during office visits.

Dr. Palen is married to retired pediatrician Dr. Shari Palen and together they have seven wonderful children. He enjoys spending time with his family and outdoor activities such as hiking and fishing.